# Support, when you need it most.

Compassionate Communities opens doors to assistance for

- people with long term health conditions,
- the dying and bereaved,
- people needing a place for conversation and connection.

Our services are for over 16's.

Volunteers undergo recruitment and selection by University Hospitals Coventry and Warwickshire NHS Trust. They complete further training with the Compassionate Communities team.

All volunteers hold an Enhanced Child and Adult Workforce Disclosure and Barring Service Certificate - usually referred to as a DBS check.

#### How does it work?

Referrals to get access to support from us can come through any route - you can refer yourself, or you can refer a person you know. Or, if you're a public sector or VCSE worker, you can refer a client. There is a referral form - get in touch via the contact details listed and we'll guide you.

Compassionate Communities is a project from University Hospitals Coventry and Warwickshire. We work Coventry and Warwickshire wide to bring people together.

#### **Document History**

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Building community, one conversation at a time.

Get support through...

Groups
Befriending
Listening Hours



## **Support Groups**

Run by paid staff and trained volunteers, our drop ins are for people with chronic respiratory conditions, and heart failure. We offer courses on living with these conditions, and social meet ups to enjoy the company of others in similar circumstances.

Bereavement Point support groups happen at various locations. Talk openly to our facilitators and others living with grief.

Scan the QR code for Eventbrite listings of current activities, or contact us via phone or email.

### Befriending

If you, or someone you care for, are struggling with the journey of a long term condition, or an end of life situation, we can match you with trained volunteers to visit your home or other appropriate place.

Our team are caring individuals who offer a friendly ear, or practical assistance. They aren't carers or counsellors, simply kindhearted community members who want to support others.

Contact us to request a befriender or ask more about the service.

## Listening Hours and Story Circles

Sometimes we just need a place to think out loud or get things off our chest. Maybe we don't have anyone to do that with, or maybe we're not able to do it with those around us.

Our Listeners are volunteers who will help you have that 1:1 conversation you need. Story Circles are similar - but in a small group setting instead of 1:1. This new service is in limited locations - so contact us to find out if it's in your area.

#### Get in touch



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Scan for Eventbrite

Contact us to request this leaflet in another language or format.

