

Contact us for more information:

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# Mental Health Forum

Have you experienced mental health issues?

Have you used services in Warwickshire?

Want to share your views and be involved in what's going on in your area?



Join us & make a difference!

## Rugby

10am—12pm, Thursday 17th of May

The Oasis, Rugby Health & Wellbeing Centre, Drovers Court, CV21 3HX



Please join us this [Mental Health Awareness Week](#) as we meet to talk about Mental Health in Warwickshire over tea and coffee. This month someone is coming to talk about mental health and wellbeing work going on in the NHS, as well as some stress-busting activity!