Quarterly Performance Report

Year 1 Quarter 1 (new contract)

November 2023 - January 2024





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About Healthwatch Warwickshire

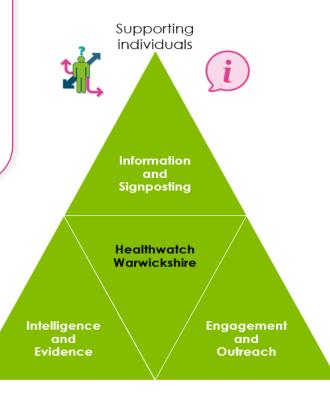
Healthwatch Warwickshire is your health and social care champion. If you use health services or need care, we want to hear about your experiences. We can also help you to find reliable and trustworthy information and support. Last year, we helped 28,298 people to have their say or get the support they need. Visit our website to find out more.

Healthwatch Warwickshire Priorities 2023-2024

Improving care over time.

Promoting continuous engagement.

Developing and promoting Enter and View



Our aims are:

Listening to people and making sure their voices are heard.

Including everyone in the conversation especially those who are frequently ignored.

Analysing different people's experiences to learn how to improve care.

Acting on feedback and driving change

Partnering with care providers, Government, and the voluntary sector.





Strategic influence

This quarter, November 2023 to January 2024, we represented the people of Warwickshire at 19 strategic meetings. Outcomes included:

Coventry and Warwickshire Integrated Care Board (ICB):

Patient Voice is to be included in the ICB workplans. Chair of the ICB will have regular meetings with Healthwatch Warwickshire Chief Executive (HWW CE) to discuss local challenges.

Quality, Safety and experience Committee of the ICB:

HWW CE raised the importance of feedback to assist with Health Equity for Frequently Ignored Groups. It was agreed that arrangements for hearing Patient Voice should be 'hard wired' into the system. HWW CE raised a challenge about the metrics being proposed to show the effectiveness of engagement.

Community Diagnostic Centres (CDC) Digital Vision Team:

HWW CE has been invited to join the steering group as a non-voting advisor.

Integrated Care System (ICS) Infant Feeding Strategy Steering Group:

HWW presented feedback from South Warwickshire. The Infant Feeding Midwife & Project Lead at George Eliot Hospital responded: 'This information will definitely help us to form our strategy.'

Warwickshire Care Collaborative:

Deficiencies in the Terms of Reference with regard to Patient Involvement were acknowledged.

WCC Health and Wellbeing Board:

HWW CE raised a query on where and how resident's voice is heard. Board accepted that follow up needed re: JSNA and Place Partnerships, and this was added to the Development Plan.

Adult Social Care and Health Overview and Scrutiny Committee:

Children's Continence Services will be addressed at the February meeting following HWW CE raising the issue. HWW Menopause Report to be shared with the Menopause Task and Finish Group.

Partnering for change

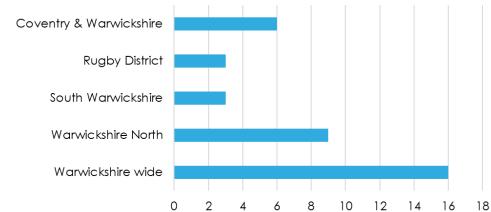
We worked with partners at 37 meetings this quarter, to support the people of Warwickshire to access the care they need.

CWPT /15 Step Challenge visits

HWW have assisted with visits to mental health support settings. As this work concluded we met to evaluate its success.

"Everyone involved from HWW have been brilliant. Their contributions have been very valuable and provided 'fresh eyes' and different perspectives to support our services to improve." CWPT





CQC (Care Quality Commission)

HWW have met with local CQC inspectors for both Hospitals and GPs, to raise concerns we have heard.

NHS Dental Commissioning

HWW have been asked to provide patient feedback data on dental provision in Stratford District.

Local Dental Network

HWW have been invited to attend meetings to represent Patient Voice and to provide patient feedback on dentistry across the county.

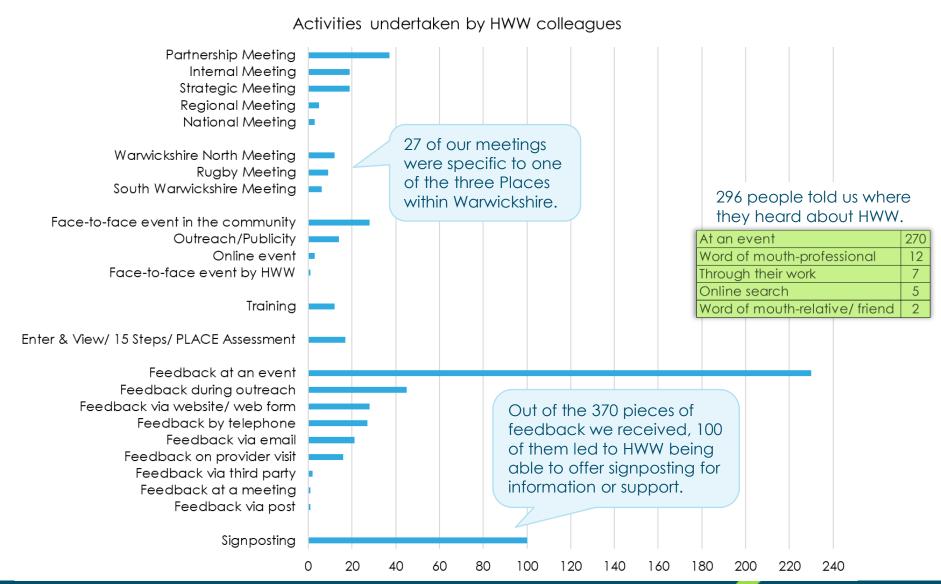
VoiceAbility

HWW regularly refer people to VoiceAbility for advocacy support. Following our most recent attendance at their team meeting they told us:

"Many thanks for coming again to talk to our team, we found it very useful and interesting and especially for those new advocates who had not met you before. It was clear the team were engaged from the number of questions and comments made." Team Leader

Our visibility in Warwickshire

Between November 2023 and January 2024, we recorded 529 activities.



Engagement and Outreach

This quarter we engaged at 46 events or opportunities for outreach and publicity (67% of these were face-to-face). We gave 12 presentations. Our Engagement and Outreach work reached an estimated 2,288 people.

Warm Hubs

HWW visited five warm hubs. We spoke about the work we do and listened to individual's experiences of health and social care in Warwickshire.

ICB Marketplace, (networking event)

We spoke to JSNA
Leads about
presenting at our
HWW team meeting.
We met a GP with an
interest in hearing our
patient feedback
data. We also made
a connection with a
Business Intelligence
link at WCC, who we
will be able to work
with on future
projects.



Warwickshire College Group (WCG)

We attended the Leamington College Health and Wellbeing lunchtime marketplace event. We held an outreach session, with our information stand, in the atrium of Rugby College. We spoke to over 40 young people aged between 16 – 19 years about what health and wellbeing issues they are concerned with. Feedback showed that Vaping is currently their biggest concern.

Social Prescribing Event

HWW attended this event which was open to members of the public. The purpose of the event was to encourage people to meet organisations and get advice and support.

The Macular Society

We gave a presentation on our work.
Which was well received by all present.
We received an email following the visit:
"Thank you for coming along to talk to the group, they found it really useful to hear what you do." Group Leader

Bedworth Almshouses

HWW gave a presentation to residents about our work followed by a Question & Answer session. We also discussed issues individually with 12 residents, a trustee and a manger.



Engagement and Outreach

Our Menopause Survey ran between November 2023 and January 2024. We heard from 314 people across the county.

Following local feedback, and alongside local and national research, we wanted to find out the views of people experiencing menopause and perimenopause in Warwickshire.

We wanted to know if needs are being met. The aim is to help the people of Warwickshire get the menopause support services they need.

"The menopause affects every aspect of my life at work and family life." Warwickshire resident

Our report includes conclusions, recommendations and next steps.



"We were very pleased to be involved with your report and thank you for mentioning us and enabling us to comment. When I send out the invitation for the March meeting, I will send the link to the Report so people can download it."

Action Menopause Warwickshire

"Many thanks for this, I will definitely share it with my team."
Lakin Suite Manager and Cervical Screening Provider Lead
South Warwickshire NHS Foundation Trust

"This is excellent! A very helpful report to me as a clinician. Continue the good work! I'd love to know how we can collaborate more?"

Chartered Physiotherapist

"I was given the wrong information due to the GP not knowing enough about the Menopause."

Warwickshire resident

Visit our website to read the full HWW Menopause Findings Report

Digital communications

We communicate digitally via our website, newsletter and social media

channels.

We post on social media every day.

Twitter/X:

1769 Followers
Visit us on Twitter/X

Facebook:

557 followers and 497 Page Likes. Visit us on Facebook

Instagram:

145 Followers <u>Visit us on Instagram</u>

Most popular posts:

- -Information about our Menopause survey and report.
- -Information about our <u>Armed Forces Veterans</u> survey.

We produce an email newsletter every three months. Our 'January Updates' newsletter was sent to 1,128 recipients.

It was opened by 421 people (37%)

The most popular article was: 'Health and Social Care Forum: State of Care in Rugby' Report.

We received this response from Cllr Neil Sandison, Rugby:

"Thank you for your report we shall add it to the body of evidence we have collected in terms of overview and scrutiny."

Read the Rugby report here

WEBSITE



NEWSLETTER



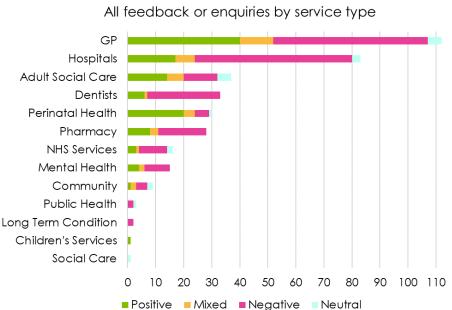
3,900 people visited our website this quarter.

The most popular pages were:

- -<u>Home page</u> (1,000 visits)
- -<u>MENtalk/ WOMENtalk</u> mental health support (495 visits)
- -News and Reports (292 visits)

What we heard

Between November 2023 and January 2024, we received 370 pieces of feedback about local services.



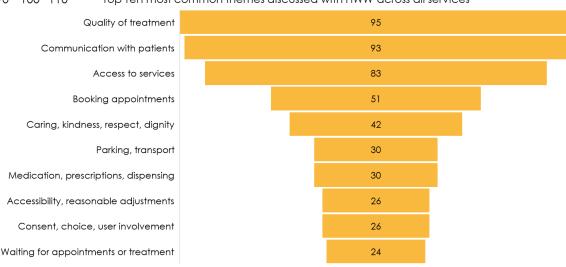
HWW often hear the most feedback about GPs and Hospitals across Warwickshire. We encourage people to tell us about their experiences, either good or bad. in any health or care setting.

We categorise the feedback into themes.

"When I got home after birth, I could tell my baby hadn't fed well. I called the infant feeding team and spoke to an amazing lady who came to my house within the hour. If I needed support, I was able to call for the first month. My health visitor is fab!" Warwick District resident

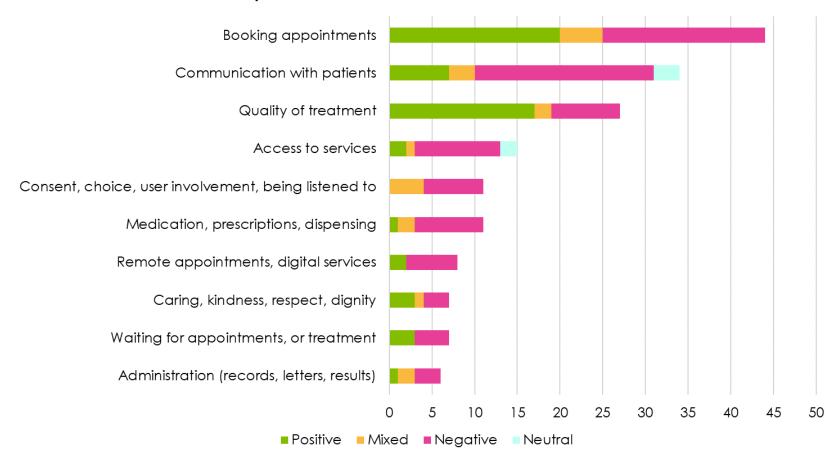
Top Ten most common themes discussed with HWW across all services





What we heard about GPs

Top Ten themes discussed with HWW about GPs



"My surgery is good; I can get an appointment the same day. I can go in and make an appointment in person, and they are generally on time. The receptionists are good."

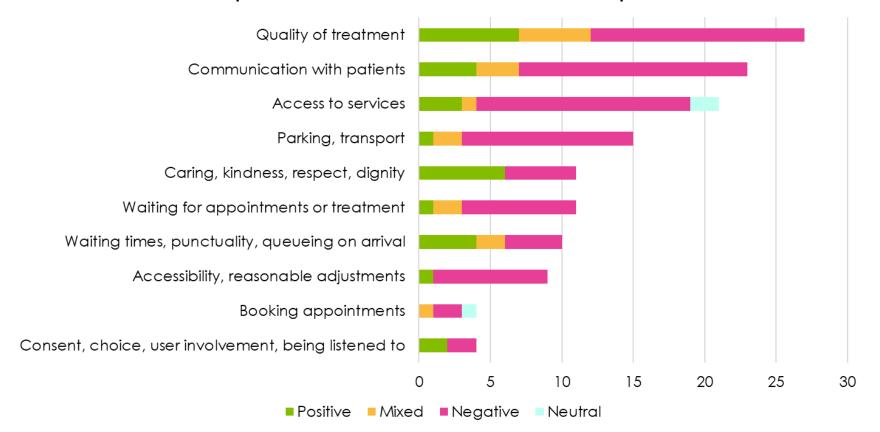
Rugby resident

"When I was really ill, they sent a GP out to see me which was good. They sent me a text recently asking me to fill in an online form, but I don't really use online services, I don't know how they got my number, and I don't know who is watching if I fill it in. I don't know if the text is from my surgery or a scam."

Rugby resident

What we heard about Hospitals

Top Ten themes discussed with HWW about Hospitals



"I have mental health conditions and the staff were not compassionate or empathetic. I felt they had not read my notes. I had an anxiety attack and was told off by the nurse. They tried 6 times to take blood from me, but anxiety made it worse. It was really frightening, there was no customer care. Doctors need to listen more, they don't hear what I am saying, and it is hard for me to communicate."

Warwickshire resident

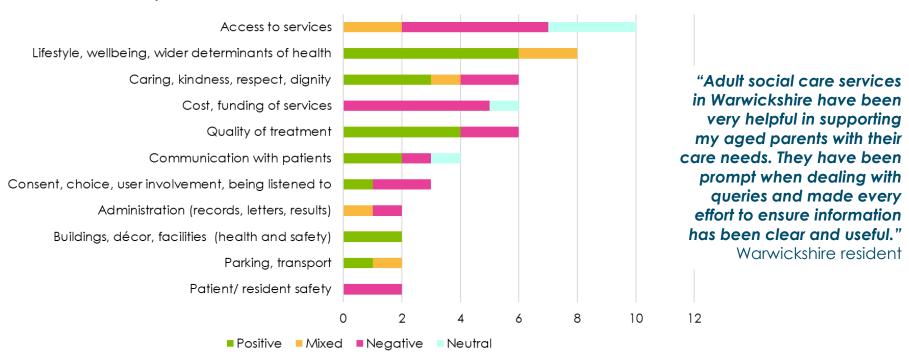
"Staff at George Eliot Hospital were wonderful. The wait for the Plaster Room was long but that was due to two fracture clinics running. Access was very good, and my experience was good."

Nuneaton resident

What we heard about Adult Social Care

Every 3 months we provide anonymous feedback to Warwickshire County Council's Adult Social Care Team about feedback we have heard.





[&]quot;A family member went into a care home for respite care for dementia. After a week, new staff came in who didn't know them. They look young for their age, and they let them out of the airlock. They were lost for 6 hours, and we had to get the police involved. It really knocked our confidence to put them into a care home."

Warwickshire resident

Focus on Warwickshire North

67 people gave us feedback about services in Warwickshire North this quarter. We attended 23 meetings, outreach or events.

58% of the feedback we heard from people in Warwickshire North was negative. The most common themes we heard about were:

- -Communication with patients, treatment explanation, verbal advice
- -Quality of treatment
- -Caring, kindness, respect, dignity
- -Medication, prescriptions, dispensing
- -Consent, choice, user involvement, being listened to



<u>Place Plan, on Happy</u> Healthy Lives website

"I was advised when ordering my prescription through POD that the service is closing, and I need to order through NHS App. There were problems with my account. I contacted someone by e-mail but was becoming quite distressed. I can manage basic IT, but I did not understand the extra instructions. There is no telephone help or anything other than online help, and no suggestions as to how I contact someone who can talk me through it."

North Warwickshire resident

"I waited in A&E for 13 hours and got results 12 weeks after the MRI scan. Very stressful. Can't get in to see GP so seeing the nurse instead. I used 111 around this time, explaining I had been feeling lightheaded and about my condition, and was advised to lie down and go to sleep. I was a bit flummoxed by this."

partner with dementia who is bed ridden and can't feed himself, we are both in our 80s. I have not been able to care well for him for the last few years."

"I am a carer for my

North Warwickshire Resident



Assistance we gave this quarter:

-Attended Community Networking Events in both Nuneaton (Abbey Theatre) & Bedworth (St Michael's Children and Family Centre)

Nuneaton resident

-Presented about our work at the Access to Health Services Presentation aimed at the Hong Kong & BNO (British Nationals Overseas) Community

Carla, Engagement & Outreach Officer for Warwickshire North

Next quarter: <u>Armed Forces Veterans Health</u> engagement and survey

Focus on Rugby

53 people gave us feedback about services in Rugby this quarter. We attended 14 meetings, outreach or events.

73% of the feedback we heard from people in Rugby was negative. The most common themes we heard about were:

- -Communication with patients, treatment explanation, verbal advice
- -Access to services
- -Booking appointments
- -Medication, prescriptions, dispensing
- -Accessibility, reasonable adjustments
- -Waiting times, punctuality, queueing on arrival



Place Plan not currently available, on Happy
Healthy Lives website

"Struggling to get prescriptions at the hospital. There's always a delay either in time or stock. I don't understand why I can't get the medication at my local pharmacy."

Rugby resident

"A friend is in a care home and has been for most of their life. Their parent has now passed but the care home won't pass on any information on our friend's condition as their parent didn't leave permission." Rugby resident

"Twice I have had an 18 hour wait at UHCW A&E, once a 15 hour wait. There are no seats and my child with Autism finds it difficult to cope with what they see and experience there."

Rugby resident



Assistance we gave this quarter:

- -Presented about our work to the Compassionate Communities Group
- -Collaborated on the second HWW /WCAVA Young People's Mental Health Event, it was agreed by several (of the 27) attendees that they will share their existing data to assist Rugby Place when making decisions about Young People

Vina, Engagement & Outreach Officer for Rugby

Next quarter: Attending 'Better Days Winter Wellbeing' Events in Rugby. Presenting HWW Rugby Health and Social Care Forum findings at Rugby Health and Wellbeing Partnership.

Focus on South Warwickshire

210 people gave us feedback about services in South Warwickshire this quarter. We attended 23 meetings, outreach or events.

46% of the feedback we heard from people in South Warwickshire was negative. The most common themes we heard about were:

- -Access to services
- -Communication with patients, treatment explanation, verbal advice
- -Quality of treatment
- -Parking, transport
- -Accessibility, reasonable adjustments

Trust and the state of the stat

<u>Place Plan, on Happy</u> Healthy Lives website

"We visit someone in a care home. They are in a wheelchair and needed to go to their room. They pressed their wrist buzzer three times, and no one came so we took them."

Stratford District resident

"The only way I can get to hospital for the eye clinic is by Indigo transport. You can book it for the start of the appointment, but you never know how long you will be so can't plan the return journey. Once the treatment is done, you can't see clearly, can't drive or operate a phone so are reliant on family taking time off work to pick you up. I am registered blind, and my spouse has dementia, so it is very difficult."

Warwick District resident

"Parents say they can't get an NHS dentist in Southam. We tell parents to visit a dentist from when the first tooth starts showing, as NHS guidelines say, to get them into good habits and to make them familiar with the dentist. Some dentists refuse to see children until they are 3 or 4 years old which is too late."



Assistance we gave this quarter:

- -Reported on the experience of infant feeding support in South Warwickshire through the <u>Infant Feeding Presentation</u>
- -Presented about our work to SWPE, receiving this comment "I think a lot of PPGs will want you to visit them now"
- -Provided local data to SHWP (Stour Health and Wellbeing Partnership) to assist with project planning

Caroline, Engagement & Outreach Officer for South Warwickshire

Next quarter: Providing patient feedback data to NHS Dental Commissioning on dental provision in Stratford District

Information and signposting

This quarter, we provided information and signposting to 100 people. Some people were signposted to more than one organisation. We provided 164 signposts.

Signposts to	Number
Healthwatch	42
Support organisation-General	26
GP	20
Warwickshire County Council (WCC)	13
George Eliot Hospital (GEH)	9
Integrated Care Board (ICB)	9
NHS	9
Dental	6
Patient Advice & Liasion Service (PALS)	4
South Warwickshire Foundation Trust (SWFT)	4
Support organisation-Carers	4
Support organisation-Mental Health	4
Pharmacy	3
Support organisation-Dementia	3
University Hospital Coventry & Warwickshire (UHCW)	3
Coventry & Warwickshire Parnership Trust (CWPT)	2
Support organisation-Autism	2
Social Prescribing Team	1

Healthwatch signposts included to our own website information pages, and other local Healthwatch or Healthwatch England, where appropriate.

This quarter we have listed Support Organisations as either –General, -Carers, -Mental Health, -Dementia or -Autism.

"Thank you for your email. I have had a chat with my dentist this morning who is trying to resolve my complaint. Thank you for your quick information sheet which I found very helpful."

Warwickshire resident

Our impact in Warwickshire

What we heard and what we did

Sharing feedback for the Warwickshire SEND (Special educational needs and disability) Strategy

HWW shared our patient feedback data with 'Influence & Change Team Leader - SEND & Inclusion', who responded "This is really helpful and reflects what we are hearing too, although particularly helpful to have the reflections specifically on health services."

The data was shared with WCC SEND Lead and senior team, who are involved in the development of the SEND Strategy.

During the SEND Community Forum discussing the SEND Strategy, HWW raised the issue of the lack of SEND nursery provision and queried whether SEND/Autism could be flagged on any notes held by healthcare professionals.

Assisting with access to Hearing Tests at home

An enquirer told us at an event: "I am housebound and need a new hearing aid. I asked my GP to write a letter to Specsavers, but Specsavers don't offer this. Where can I get a home visit NHS hearing test?"

We emailed SWFT Audiology
Department and telephoned the
enquirer to pass on their response: "We
are happy to do home visits. We would
need a referral from the patient's GP
asking for a home visit. There is currently
about a four week wait."

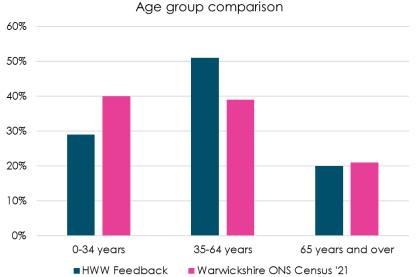
Informing about the need for digital support at Warm Hubs

Enquirers tell us they struggle to access digital services and would appreciate support. HWW contacted WRCC (Warwickshire Rural Community Council) to ask if this is something that could be addressed at Warm Hubs.

We had this response: "Following your email about tech support sessions for Warm Hubs I'm pleased to let you know that Warwickshire Library Services have now restarted their 'Tea and Tech' sessions that were popular last year, and I've already suggested some in our network. If you could let me know which hubs were particularly interested in having this support, I'll pass on the information. We'll be promoting this in our next newsletter."

Who we heard from

We heard feedback from 370 people between November 2023 and January 2024. We also asked the age and ethnicity of the 314 people who responded to our Menopause Survey.



- 415 people chose to share their age with us.
- 490 people chose to share their ethnicity with us. We also spoke to 58 people from the Hong Kong and British National (overseas) Community. We are aware when 'categorising' ethnicity, that the existing choices are not always suitable.

Ethnicity of

people providing

Not all figures are shown for Warwickshire

Comparative

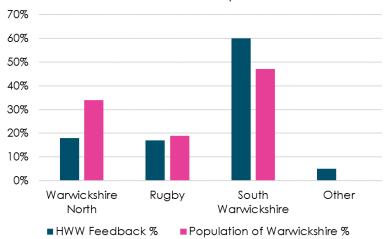
HWW Feedback ■Warwickshire ONS Census '21	teedback to	figures for
	HWW	Warwickshire
White: British/ English/ Northern Irish/ Scottish/ Welsh	82%	82.10%
White: Any other White background	8%	5.90%
Asian or Asian British - Indian	3%	4.10%
White: Irish	3%	0.90%
Asian or Asian British – Any other Asian or Asian British Background	2%	1.00%
Prefer not to say	0.60%	NA
Asian or Asian British - Chinese	0.40%	0.50%
Mixed/ Multiple ethnic groups: Any other mixed/Multiple ethnic groups background	0.40%	0.50%
Black or Black British – African	0.20%	0.80%
Black or Black British - Caribbean	0.20%	0.40%
Mixed/ Multiple ethnic groups – Asian and White	0.20%	0.80%

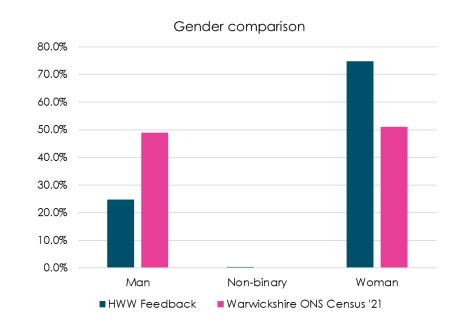
Who we heard from

We ask people about their personal circumstances to help us ensure that we represent the people who live in Warwickshire.

- 313 people chose to share their gender with us. One person told us they are non-binary.
- When asked 'Is your gender different to the sex you were assigned at birth? Two people said 'yes'.
- We did not ask about gender on our Menopause Survey.
- We will include demographics from our Armed Forces Veterans Health Survey, focussed on Warwickshire North, next quarter.

Comparisson of PLACE population with all HWW feedback and enquiries received





54 people told us they have a Disability.

89 people told us they have a **Long-Term Condition**.

36 people told us they are a **Carer**.

No-one told us they are Ex-Armed Forces Veterans.

20 people told us they had **given birth** in the last 26 weeks.

Our Board and Volunteers

Currently our one full time and 7 part time members of staff work alongside 10 Volunteers and 8 Board Directors.

Board Directors activity this quarter:

- Attended information sessions on recording activities on Microsoft FORMS, undertaken on behalf of HWW.
- Represented HWW at the Warwickshire North Place Executive Group, Warwickshire Ageing Well Board Meeting and the WCC Health and Wellbeing Board.
- Attended two formal, and one informal, Board Meetings.
- Visited the Caludon Centre on a 15 Steps Challenge assessment.
- Attended the HWW Operations Committee Meeting.

Volunteers' activity this quarter:

- Gave feedback WCC on the Coventry & Warwickshire 'Living Well with Dementia' strategy.
- Attended information sessions on recording activities on Microsoft FORMS, undertaken on behalf of HWW.
- Toured Galanos House care home, hub and day centre, looking at best practice.
- Undertook outreach/ publicity on behalf of HWW including issues around GPs, Pharmacy, Menopause, and Accessibility.
- Attended the Volunteer Seasonal Gathering.
- Attended the HWW Volunteer Forum in January.

This quarter we said farewell to Gill Fletcher with many thanks for her dedication and welcomed new volunteer, Collette O'Connor.

Staff Development

Our Staff, Board and Volunteers regularly undertake in-person and online training to stay up to date with local developments.

Training attended	Outcome of attending
'The Oliver McGowan Mandatory Training on Learning Disability and Autism' NHSE online	Aiming to save lives by ensuring the health and social care workforce have the right skills and knowledge to provide safe, compassionate and informed care to autistic people and people with a learning disability.
Next of Kin training session. The Patient Association online	Understanding issues that might arise for a patient's next of kin. E.g. what options are available to hopefully improve or prevent difficult situations.
Volunteer induction. HWW online and in-person	New volunteer joined Healthwatch Warwickshire in November 2023.
Colleague information session. HWW online	Volunteers and Board trained in use of Microsoft FORMS to record their activities on behalf of HWW.
Enhanced Adult MECC (Making Every Contact Count) WCC online	The role of MECC within our partnership organisations. Useful for statistics and up to date information relating to health in Warwickshire.
'How to get media coverage' HWE online	Considering presentation styles, content and approaches for different types of media.
Enter and View support. Online	Understanding of supporting people with Dementia to eat.

Looking Forward

Our plans and commitments for the next quarter.

January

- HWW Menopause Report published
- Integrated Care Board Meeting
- Joint Health and Wellbeing Board, Warwickshire and Coventry
- HWW Formal Board Meeting
- Armed Forces Veterans Engagement begins
- HWBB Executive
- HW Regional Meeting
- SWPE Forum

February

- Enter and View Training for new colleagues
- Rugby Health and Wellbeing Partnership
- Individual volunteer supervision sessions
- WCC HOSC Meeting
- ICB Quality, Safety and Experience Committee
- ICP Meeting

March

- HWW Formal Board Meeting
- HWW Operations Committee
- C & W Integrated
 Care Board
- HW East & West Midlands Regional Meeting
- International Women's Day Event in Nuneaton
- HWW CE meeting MP for Kenilworth and Southam re: HWW work
- HWB Community Gurkha Event
- SWPE Forum

April

- HWW Informal Board Meeting
- WCC Children and Young People Overview & Scrutiny Committee
- ICS Involvement Coordination Network
- The PIPER Study: Collaborators Research Team Meeting
- Presenting HWW Menopause report at HOSC

Finance

We are funded by the Department for Health and Social Care, via commissioning at Warwickshire County Council.

The below are figures from last financial year, April 2022- March 2023.

Income	
Local authority funding	£227,065
Additional	£8,486
Total income	£235,551

Expenditure	
Staff costs	£180,198
Operational costs	£51,817
Total expenditure	£232,015

Glossary

We aim to communicate in plain English and try not to use jargon. Sometimes we use acronyms, which are explained below.

Acronym	Term
CASS	Community Autism Support Service
ссс	Coventry City Council
CQC	Care Quality Commission
CWHWF	Coventry and Warwickshire Health and Wellbeing Forum
CWPT	Coventry and Warwickshire Partnership Trust
GEH	George Eliot Hospital
HOSC	(Adult Social Care and) Health Overview and Scrutiny Committee
HWBB	Health and Wellbeing Board
HWC HWE HWW	Healthwatch Coventry Healthwatch England Healthwatch Warwickshire
ICS ICB ICP	Integrated Care System Integrated Care Board Integrated Care Partnership
JSNA	Joint Strategic Needs Assessment
LMC	Local Medical Committee

ne explained below.	
Acronym	Term
NHSE&I	National Health Service England & Improvement
PALS	Patient Advice and Liaison Service
POD	Prescription Ordering Direct
QSEC	Quality, Safety and Experience Committee
RAP	Rights to Access Primary Care Project
PCN	Primary Care Network
PPG SWPE	Patient Participation Group South Warwickshire Patient Engagement Forum
SWGP	South Warwickshire General Practice Federation
SWUFT	South Warwickshire University Foundation Trust
UHCW	University Hospital Coventry and Warwickshire
VCSE	Voluntary, Community and Social Enterprise
WCAVA	Warwickshire Community and Voluntary Action
WCC	Warwickshire County Council



For more information:

Healthwatch Warwickshire 4-6 Clemens Street, Leamington Spa CV31 2DL

www.healthwatchwarwickshire.co.uk

telephone: 01926 422 823

email: info@healthwatchwarwickshire.co.uk

Let's stay connected:



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