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At Coventry and Warwickshire
Partnership NHS Trust (CWPT), our
dedicated team is passionate about
improving people's quality of life
and enabling them to participate
fully in their communities

Professor Ashok Roy, OBE

## Our philosophy and values

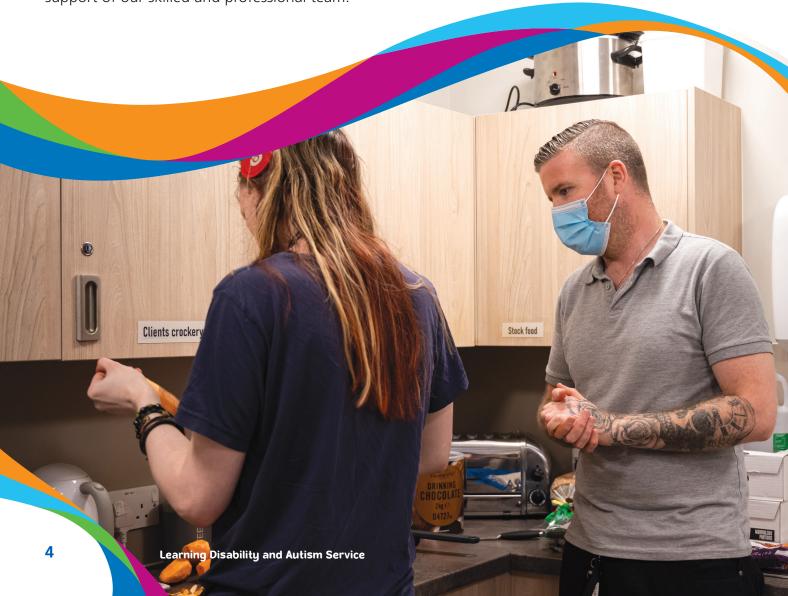
Around 1.5 million people in the UK live with a learning disability and/or autism and, of those, up to 350,000 have a severe disability.

At Coventry and Warwickshire Partnership NHS Trust (CWPT) we focus on helping people to reach their full potential through patient-centred care which is delivered in line with our core values of respect, compassion, collaboration, integrity and excellence. These values underpin all we do and the care we provide.

We believe in supporting people living with learning disabilities and/or autism so they can thrive and achieve in the best possible way. We are committed to making sure everyone who receives care has an individualised package of support to improve their lives.

Our dedicated multi-disciplinary team provides support which is tailored to meet the individual needs of everyone in our care. We take a single and consistent approach to identifying people's needs and building their care around those needs.

Many of our patients have experienced negative and challenging life experiences which continue to affect them, but we seek to bring about long-term change and improvement for them through the support of our skilled and professional team.





#### What we do

We provide a comprehensive range of lifespan learning disability services to children and adults across Coventry, Warwickshire, and Solihull, supporting patients through assessment, diagnosis and treatment until the specialist care provided by us is no longer needed.

Our dedicated team creates personal support programmes for children with mild, moderate and severe learning disabilities, from age five up to 18, and adults over 18 with a learning disability whose health needs cannot be met by mainstream services without reasonable adjustments or the support of specialist learning disability health services.

In delivering our highly specialised services we use a multi-disciplinary approach to care and treatment with our teams of trained professionals who are taken from a variety of healthcare backgrounds including:

- Nursing
- Psychology
- Psychiatry
- Speech and language therapy (Dysphagia)
- Occupational therapy
- Music therapy
- Art Therapy
- Physiotherapy
- Assistant practitioner
- Nursing associates
- Healthcare assistants
- Therapy assistants

#### What we do

The learning disability and autism services (LDA) offer a full pathway of care for patients in and around Coventry and Warwickshire, including:

- Multi-disciplinary children's community learning disability service
- Multi-disciplinary adult community learning disability service
- Children and young people's Intensive Support Team (IST)
- Adult Intensive Support Team (IST)
- Neurodevelopmental service provision offering pre and post Autism Spectrum Disorder (ASD) diagnostic support
- All age Autism service (Dimensions)
- Respite services for adults and children
- Inpatient services, which provide:
  - Assessment and treatment service
  - Adolescent service
  - Forensic lower secure male and female units
  - Forensic male medium secure units
  - Autism units
- Integrated Care Package Service (ICPS)

Our inpatient services provide assessment and treatment for adults and children whose behaviours present a level of risk to themselves or others that cannot be safely managed in a community setting. Our specialist teams create patient-centred, evidence-based, care packages with the aim of discharging people as early as possible.





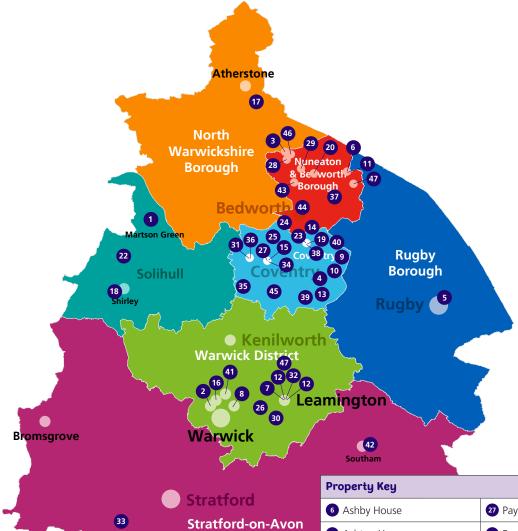
A significant proportion of our population has a learning disability and the demand for our services is ever-growing.

At CWPT, our dedicated team is passionate about improving people's quality of life and enabling them to participate fully in their communities. It is hugely rewarding when a patient we have helped is discharged from our care.

We are a forward-thinking Trust which is constantly striving to develop and improve the support we offer our patients. The field of learning disability is ever evolving, and we regularly review our services to ensure they meet the demands of a rapidly changing world and so we can help people to meet their full potential.

Professor Ashok Roy, OBE

## Coventry and Warwickshire Partnership NHS Trust locations



District

Shipston

1 Brooklands			
Amber Unit	Brian Oliver Building	Jade Unit	
Rainbow Unit	Eden Unit	Janet Shaw Unit	
Rainbow Unit	10 Sycamore	Malvern Unit	
	Sapphire Unit	4	

2 St Michael's		
Willowvale	Cedarwood	
Hazelwood	Rosewood	
Rowans	Ferndale	
Larches		

4 Cauldon Centre	
Gosford	Quinton
Sherbourne	Spencer
Swanswell	Edgewick
Westwood	Beechwood

3 Manor Court	
Argyle House	The Loft
Avenue House	Mirah House
Pembleton House	Stanley House
Manor GP Practice	

5 The Railings	
Hunter House	Stevenson House
	Brunel House

Property Key	
6 Ashby House	27 Paybody Building
Ashton House	28 Pool Bank House
8 Aspen Centre	29 Riversley Park Resource Centre
The Birches	30 Whitnash Lodge
10 Bradbury House	31 Sherbourne Fields School
11 Bramcote Lodge	32 St Mary's Resource Centre
12 Yew Tree House	33 Stratford Health Building 2
13 Baginton Fields School	34 Swanswell Point
14 Castle Wood School	35 Tile Hill Health Centre
15 City of Coventry Health Centre	36 Tiverton Primary School
6 Warwick Resource Centre	37 Whitestone Clinic
17 Gramer House & Holly House	38 Windmill Point
18 Shirley House	39 Willenhall Primary Care Centre
19 Hawkesbury Lodge	40 Wood End Health Centre
20 Highfield House	41 Woodloes House
22 Lyndon House	42 Southam Clinic
23 Longford Primary Care Centre	43 AMHAT Office
24 Wayside House	44 Newman Close
25 Newfield House	45 Parkside House
26 Orchard House	46 Abbey Children's Centre
	47 The Lodge

Hearsall

## Our specialist learning, disability and autism sites

#### 1. Brookland Sites:

Our centre of excellence, the Brooklands Hospital provides specialist inpatient assessment and treatment for adults and children with a learning disability, including adult medium and low secure units. Solihull Community Learning Disability Team are also based here.

Amber UnitSapphire Unit

Rainbow Unit
 Jade Unit
 Malvern Unit

Eden Unit
 Janet Shaw Unit
 Brian Oliver Building



#### 22. Lyndon House

Specialist overnight respite service for children aged up to 18 years who have a learning disability and complex health or complex behavioural needs.

#### 17. Gramer House and Holly House

Specialist overnight respite service for children with complex health needs or behavioural difficulties.

#### 10. Bradbury House

Specialist overnight respite service for children aged up to 18 years who have a mild to moderate learning disability and complex behaviours.

#### 18. Shirley House

Specialist overnight respite, nursing and personal care for adults aged over 18 with a learning disability.

#### 6. Ashby House

Specialist respite services for adults with mild to moderate learning disabilities.

#### 38. Windmill Point

The base for the Coventry Adult Learning Disability Team for those with severe to moderate learning disabilities.



#### 18. The Development Centre, Shirlett Close, Coventry

Specialist day services for adults with mild to moderate learning disabilities.



#### 47. The Lodge, Bramcote, Nuneaton

Specialist day services for adults with mild to moderate learning disabilities.



#### **Our services**

#### Our inpatient services

**Brooklands Hospital** sits in an open and green space between Coventry and Birmingham with airy units which allow service users to move around in a pleasant and relaxed atmosphere.

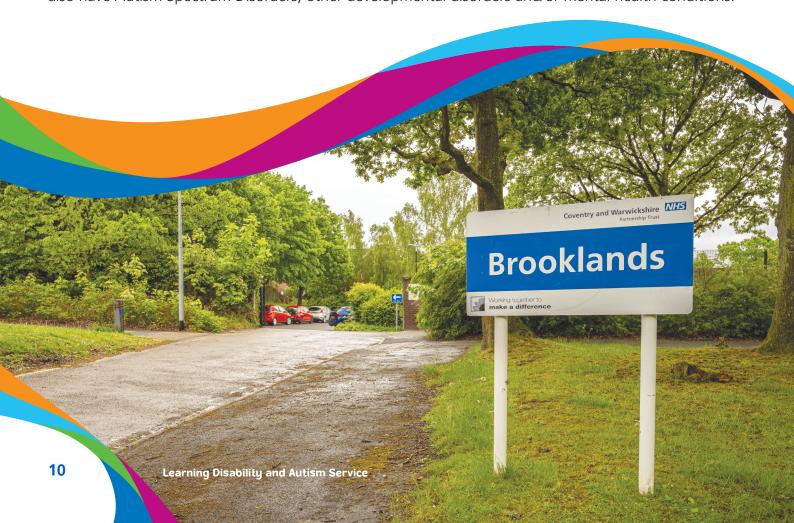
Here, we provide specialist inpatient assessment and treatment for adults and children with a learning disability, including some adults who have forensic needs. The purpose-built hospital currently offers adult and adolescent assessment and treatment and adult medium and low secure units. It is a centre of excellence and is nationally renowned across the country.

There is ample free car parking for visitors and rooms where people can meet in private.

Staff are always on hand to assist, and we do all we can to ensure flexible visiting times to meet the needs of the patients and their carers and loved ones.

The **Amber Unit** admits people over the age of 18 with a learning disability. It has 12 adult beds with separate facilities for men and women. It also has the capacity to offer up to three high dependency beds for those who present with a higher level of challenging behaviour, levels of disturbance, violence, or mental health problems. All bedrooms are en-suite, with additional gender specific bathrooms.

The **Jade Unit** is a nine bed mixed sex unit for young people between the ages of 12 and 18 years who have a learning disability and additional needs whose behaviour presents a level of risk to themselves and/or others that cannot be safely managed in the community. Many of the young people also have Autism Spectrum Disorders, other developmental disorders and/or mental health conditions.





The **Rainbow Unit** is an autism low secure male unit with three individual apartments which include: a bedroom, bathroom, lounge space and, based on assessment, the possible use of a kitchenette. Additional communal facilities include the use of a therapy room, multi-faith room, lounge, and dining area.

This service aims to provide short to medium term treatment and/or rehabilitation, prepare patients for discharge, help patients to build skills to contribute towards society and provide them with the tools to recognise and manage risk behaviours, including reducing offending behaviour.

To be admitted to Rainbow unit service users must have a diagnosis of all of the following: a mental health condition, a diagnosis of autism, a history of criminal offending and be detained under the Mental Health Act.

In 2020 we opened a new low secure unit dedicated to patients with autism, and a new recovery and integration facility for a wide range of patients with a learning disability and/or autism.

The **Sapphire Unit** is a three bedded unit and the first phase of the development of our Integrated Care Package Service (IPCS). The ICPS will enhance the current specialist provision delivered from the site. The ICPS will offer medium term community preparation with the possibility of assessment and treatment for people who cannot be accommodated in services with multiple patients all accessing the same areas, due to their specific needs. The patients will need to have a learning disability diagnosis and display challenging behaviours which present a risk to themselves and / or others. They may have additional mental health diagnoses and may have had multiple admissions or been in hospital for long periods of time.

Sapphire Unit consists of two individual apartments each with a private lounge area, bedroom with ensuite and garden space, along with a communal kitchen and laundry facilities.

### Our inpatient services

The **Janet Shaw Unit** currently provides a service to a maximum of 15 men aged 18 years and over with a learning disability, a history of criminal offending, is in the prison system or detained under the Mental Health Act who require treatment in a supportive environment.

The focus of the clinic is to provide service users with treatment and learning opportunities to minimise the impact of their learning disability or other diagnoses. Treatment is designed to address offending behaviour through recognising and managing people's own risks and equipping them with meaningful skills for their future. This is achieved through providing a therapeutic environment and treatment which fosters trust and encourages self-esteem.

The **Malvern and Eden Units** are for adults aged 18 years or over who have a learning disability, who have a history of criminal offending, is in the prison system or detained under the Mental Health Act. The Malvern Unit is a male only unit with 15 beds while the Eden Unit provides 12 beds for female patients.

Each patient has their own bedroom, there are communal spaces, including a lounge, a therapy room, where patients can take part in arts and crafts, a therapy kitchen, and outside space to enjoy games and sports in and an outdoor gym.

"listens, caring, polite"

"people make me feel safe" "(knows) 'what I like and don't like"





### Our respite services

We recognise how important respite care is and are proud to offer this service for residents in Solihull, Coventry, and Warwickshire.

Our staff understand that no matter how much you love the person you care for, caring for someone with a learning disability or autism can sometimes be exhausting and challenging. That's why breaks and time away from each other can help families, carers, and those being cared for in equal measure.

Respite services give everyone involved a chance rest, benefit from a change of scenery or enjoy new, stimulating activities. This means they can reunite refreshed and more able to cope with day-to-day life.

The respite services offered by CWPT allow for exactly this.

Our respite services provide overnight breaks for children/young people and adults with a Learning Disability and complex health care needs in a friendly, home from home environment. We aim to offer a holistic approach whilst supporting identified specific needs in collaboration with the individual, the family, carers and other key health and care professionals. Our staff are highly skilled, motivated and passionate, they show respect through a person centred approach, and by building relationships of trust and understanding.

"Respite offers a much needed break to families and carers allowing time to take a break from the demands of the caring role and to restore some balance in life, it has been described by some parents/carers as a' life saver'. The benefits for the children, young people or adult include a short break away in a different and stimulating environment, offering new experiences and a chance to build on independence and develop friendships.

"Our aim is to support families and carers to care for their loved ones, helping them to remain within their family and local community network, also to avoid unnecessary admissions to mental health/learning disability hospitals at times of crisis and to avoid the need for full-time residential care.

Debra Tuohey-Pope, Matron/Pathway Manager for Respite Services

## Our respite services

#### **Children's Respite Services**

We provide short term respite care to children at three locations from the age of 5-18 years with a learning disability and associated health need, including PEG feeds, epilepsy, oxygen therapy, dysphagia, continence support, Diabetes and Asthma. Support is also provided for children with complex behaviour, Autism and ADHD. We provide a friendly and welcoming home from home environment.

**Gramer House** in Mancetter, North Warwickshire provides respite for up to four children with complex health needs. There are four themed bedrooms: Sunshine, Planet, Ocean and Teenage. Each room has a profiling bed, moving and handling equipment and a tv/dvd player. There are two bathrooms, both with assisted baths and washing facilities. There is a lounge/dining room and a kitchen. The garden has been redesigned to meet sensory needs of the children.

**Holly House** in Mancetter, North Warwickshire provides respite for up to three children with behavioural difficulties. There are three themed bedrooms: Jungle, Woodland and Ocean. Each room has a built-in wardrobe and washing facilities. There is one bathroom and one shower room, a lounge, a dining room, and a kitchen. There is a small sensory room and separate play room.

At Gramer and Holly House we have two large gardens equipped with trampolines, climbing frames, bikes and football nets. We also offer activities to meet the needs of the children, including bowling and cinema trips, trips to the seaside and theme parks, sensory interaction, in-house crafts, pizza making and cooking activities, as well as the opportunity to have lots of fun and make new friends.





## Our respite services

**Bradbury House** in Coventry provides care for up to seven children and young people aged 5-19 years for specialist overnight respite with mild to moderate leaning disabilities and complex behaviours, supporting families across Coventry and Warwickshire.

Here at Bradbury house we like to see the children treated as children first over their additional needs. We pride ourselves on providing good quality care while insuring that most importantly children have fun

Charlotte, Deputy Manager

**Lyndon House** in Solihull provides a short stay overnight respite service for up to five children aged up to 18 years who have a learning disability and complex health or complex behavioural needs. It is a very successful service which is well respected by young people and families from across the Solihull area.

Meet two families whose children attend Lyndon House for support and respite. Annie and Christopher both have complex learning disabilities, autism and health needs. Find out what support Lyndon House and the staff provide to the children and the difference it makes to their families.

#### **Adult Respite Services**

We offer respite services for adults with a learning disability diagnosis, aged over 18, at **Shirley House**, **Solihull**, and **Ashby House**, **Nuneaton**.

**Shirley House** in Solihull is s registered to provide accommodation for 12 adults with learning disabilities who require nursing or personal care and provides respite care.

The staff at Shirley House took time during their breaks to record and sign using Makaton, a well known and loved song 'You've got a friend in me'. Staff have dedicated the video to their service users and their families during COVID-19.

**Ashby House** in Nuneaton provides specialist respite services for adults with mild to moderate learning disabilities, providing individualised therapeutic activities during the day and/or overnight stays for patients who live in Coventry and Warwickshire.

The staff team work in a multi-disciplined fashion that compliments the services we offer and provide. These include a range of benefits for clients and their families including planned overnight stays with 24 hour nursing care, day support / activities during their stay, a sensory room, specialist learning disability nursing interventions and regular contact with families to ensure their son or daughter is supported appropriately.

Referrals into respite service are made via both a multi-agency process and CWPT community teams.

For more information on our respite services, please email <u>LD&Ainformation@covwarkpt.nhs.uk</u>



### Our community teams

Our five learning disability community teams support people with learning disabilities and substantial, complex, health needs, to live healthier, more independent, lives and to enjoy a good standard of health and well-being.

Serving a population of over a million people across Coventry, Warwickshire, and Solihull, our community teams work with partners in primary care, acute hospitals, and other specialist services to provide a joined-up approach to patient care.

They provide daily, meaningful activities, focused on physical health engagement and access to the local community, to ensure people receive the support they need to maintain an independent and safe life.

Community Learning Disability Teams bases include:

- Windmill Point, Coventry (Adult Community Learning Disability Team)
- The Loft, Manor Court Avenue, Nuneaton (Adult Community Learning Disability Team)
- Whitnash Lodge, Leamington Spa (Adult Community Learning Disability Team)
- Stephenson House, The Railings, Rugby (Adult Community Learning Disability Team)
- Brian Oliver Centre, Brooklands Hospital, Solihull (Adult Community Learning Disability Team)
- Paybody Building, Coventry (Children's Community Learning Disability Team)

The children's team work with children and young people with a diagnosed moderate to severe learning disability and additional behaviours that challenge, mental or physical health need, up to the age of 18 years.

Adult community learning disability teams work with adults 18 years and over with a diagnosed learning disability and additional mental or physical health need.

For more information about our community services, email <u>LD&Ainformation@covwarkpt.nhs.uk</u>.

To self-refer into our community services please call:

Adults: Central Booking Service on 0300 200 0011

Children: Rise Navigation Hub on 0300 200 2021

#### **Community Learning Disability Teams**

We have five community learning disability teams. Covering the geographic area of Coventry and Warwickshire, one team is for children and young people up to the age of 18 years. We have four adult teams covering Coventry and Rugby, North Warwickshire, South Warwickshire, and Solihull (Solihull also offers psychology support for 14+ years).

All our community learning disability teams are multi-professional and include staff from the following fields:

- Learning disability nursing (community, health facilitation and acute liaison, mental health liaison)
- Psychiatry
- Psychology (including music and art therapists)
- Physiotherapy
- Occupational therapy
- Speech and language therapy (including dysphagia specialists)
- Assistant practitioners
- Healthcare assistants
- Therapy assistants

The community teams provide specialist healthcare to children, young people and adults with learning disabilities, whose needs cannot be met solely by mainstream services.

We work with our partners to provide care that is centred on the individual with learning disabilities, supporting them, their families and carers by signposting them to and helping them access primary care, acute hospitals and other mainstream services, in line with reasonable adjustments.

We also provide specialist direct clinical therapeutic support for people with complex behavioural, physical, and mental health support needs.

The team's role is to ensure that people with learning disabilities receive equitable access to care and treatment when there is a concern about their health, working in collaboration with other professionals across the health and care system to ensure that the individual's health needs are met.

**Clinical/Counselling Psychologists** work with clients, their families and carers to provide specialist assessment, formulation and interventions for a wide range of psychological and behavioural difficulties. They offer 1:1 therapy, groups and support to the system surrounding the client, to promote psychological understanding and wellbeing.

**Music and Art Therapists** work psychotherapeutically, using creative mediums, to support their clients with a wide range of therapeutic needs. A focus on working creatively means therapy is inclusive and accessible for those who would prefer or need to access therapy with a non-verbal focus.

Speech and language therapists offer assessment, diagnosis and treatment of communication difficulties and eating, drinking and swallowing problems. We can help clients to understand information, plus help them to tell us about their needs, feelings and choices. We can help the people who support clients to understand their communication strengths and needs, including ways to improve their support. We help people who have difficulties with eating and/or drinking.

**Occupational therapists** work with people who have difficulties with any activities of self-care, productivity or leisure. This can include looking after themselves or their home, studying or getting a job, and finding meaningful things to do with their time. The aim of occupational therapy is for the person to be as independent and satisfied as possible in each of these areas.

**Physiotherapists** provide assessment, treatment and advice for a variety of problems associated with posture and mobility, respiratory, orthopaedic and neurological conditions. We also give advice about healthy lifestyles and manual handling guidance.

**Community learning disability nurses** carry out holistic health assessments, advise and support people who need to access healthcare and specialist health services. We can also help with young people in transition. Our support offers help with complex disabilities, providing health promotion and healthy lifestyle advice, going into hospital and GP services, continence advice, epilepsy awareness and dementia support, assistance with challenging behaviour and/or mental health including autism and offending behaviours.

## Intensive Support Team and Enhanced Support Team

#### **Intensive Support Team**

We provide Intensive Support Services to children and adults who have a learning disability and to children and young adults who have a diagnosis of autism.

The two multidisciplinary teams provide a range of intensive assessments and interventions which aim to avoid unnecessary admissions to mental health or learning disability hospital settings.

Additionally, where these services are required, the teams work with the inpatient service to proactively facilitate prompt and timely discharges, wrapping around the individual and their families or carers to prevent future re-admission.

The Intensive Support Team multi-disciplinary teams comprise occupational therapy, nursing, speech and language therapy, psychology with additional support from therapy assistants and support workers. This range of professional expertise ensures we can provide a holistic assessment of an individual's specific needs.

The teams enhance and work alongside that of our community mental health and learning disability services, ensuring that there is a clear and cohesive plan for each person accessing the service and that there is continuity of care when the individual is no longer at risk of admission and is discharged from the Intensive Support Team.

The Intensive Support Teams work in partnership with the individual, their families and carers to gain a greater understanding of their needs, promoting person-centred interventions and support which is tailored to the individual and their environment.

Reducing restrictive practices and increasing choice and control for individuals accessing the service is integral to the Intensive Support Team's role, enabling individuals to have positive and productive lives in their local communities.

Learning Disability and Autism Service 19

### Intensive Support Team and Enhanced Support Team

#### **Enhanced Support Team**

The Enhanced Support Team (EST) aims is to promote the independence, inclusion and wellbeing of people with learning disabilities who have additional complex needs/ behavioural needs. We do this by working intensively with the people we support, their families and partner agencies to deliver innovative, high quality services.

Coventry and Warwickshire Partnership NHS Trust is committed to supporting people with a learning disability, autism and mental health diagnoses, including when they are experiencing high levels of distress and their behaviour is presenting a high risk of harm to themselves and / or others and that may be challenging to the services and carers supporting them. The EST works together with the patient, families, carers, community healthcare professionals and social care to support the person in crisis to reduce the risks associated with their behaviour and reduce the risk of an inappropriate admission to hospital. The service provision includes:

- Develop, review and monitor risk assessments using a range of appropriate risks assessments
- Develop and review relapse plans that will aim to prevent admission to in-patient services
- Develop and review Positive Behavioural support plans, to prevent future escalation of behaviours
- Provide professional and clinical support at the time of crisis to enable the implementation of the above.
- Provide advice to those supporting the individual at the time of crisis, aiming to reduce risks and stabilise any behavioural challenge
- Develop and review discharge plans for in-patient services that support timely discharge to the community
- Review any further care plans that will ensure stability within the community based placement

Referrals will be accepted from members of the multi-disciplinary team within Coventry and Warwickshire Partnership NHS Trust and GP's. See page 27 for details.

## Our people



We have an amazing team who are passionate about helping those with Learning Disabilities and Autism to progress through their treatment pathways. Working collaboratively and in a person centred way we aim to provide excellent care in the least restrictive way."

"We are continually looking to develop and improve utilising Evidence Based Practice and supporting our teams with ongoing training including Positive Behaviour Support."

"We believe in working closely with our patients and their families, friends and carers and welcome feedback that will help us as we continually stive to improve our services.

Aisha Yalcin, Matron LD/Pathway Manager

### Our people

Our multidisciplinary teams support people with learning disabilities to improve their health, well-being, and quality of life. They work with patients, families, and carers and the wider health and social care community to ensure they receive the right care for them.

These skilled, dedicated, and compassionate professionals are experienced and understand the challenges faced by people with learning disabilities and autism. All our staff have the specialist qualifications and training to ensure they can carry out their roles effectively. Several colleagues have completed research in their professional fields.



### Our people and what they do



We have a team of **psychiatrists** who assess a patient's state of mind to determine whether they have a mental illness. They help to treat problems that change the way a person thinks, feels, and behaves.



Our **psychological services team** use observations, interviews and standardised tests to provide specialist assessment for individuals with a range of psychological, emotional and behavioural difficulties. The team also have training in a range of psychological therapeutic models which enables them tailor therapeutic support to the specific needs of individuals, carers and teams.



**Speech and language therapists** provide support to assess, diagnose and treat communication difficulties, as well as eating, drinking and swallowing problems. They help patients express themselves so they can communicate their needs, feelings, and choices.



**Occupational therapists** work with people who have difficulties with self-care or productivity. This can include caring for themselves or their home, studying, getting a job, or finding rewarding things to do with their time.



**Social workers** assess an individual's whole situation including their history, relationships, home life, occupation and personal wishes.



**Physiotherapists** provide assessment, treatment, and advice for posture and mobility, orthopaedic, and respiratory problems, and neurological conditions.



**Community nurses** carry out health assessments and support people who cannot easily visit a hospital site, but who need to access healthcare and specialist health services.



**Music and art therapists** help patients express their feelings through music and art. This can be particularly helpful when patients have difficulty communicating or when their emotions are too confusing to express verbally. You can see work by CWPT patients in our virtual gallery here: <a href="CWPT Virtual Art Gallery - YouTube">CWPT Virtual Art Gallery - YouTube</a>



**Activity team co-ordinators** provide activities for patients such as dance, horticulture, and other group activities to help the patients develop skills and assist them in carrying out their daily lives and care plan in the most fulfilling and motivated way.



**Healthcare assistants** are vital for assisting and supporting service users' care plans and treatment pathways.



Speech and Language Therapists work with individuals who have speech, language and social communication needs as well as their families and carers. We also support people with eating, drinking and swallowing difficulties. We aim to give each individual a patient-centred and flexible assessment taking into account their own circumstances and enabling them to participate as much as they can.

Jill Slicher, Highly Specialist Speech and Language Therapist

### **Carers and Confidentiality**

Carers are often the only constant in the patient's healthcare journey. They understand the patient well. Please remember that although we may not have consent to share information we can always listen to carers / families.

Sharing of information may be difficult, but its often crucial to the ongoing wellbeing of both patients and carers.

Good practice is built on partnership not only between people who use services and mental health professionals, but between people who use services and their family / car er and between carer and mental health professionals.



Carers are often the only constant in the patients health care journey. They understand the patients needs and condition really well. They are there when crisis occurs, when the patient is well and when they need support.

#### **Example of good practice**

Confidentiality is discussed with the patient at an early stage when they are not acutely ill. Issues regarding confidentiality are recorded in the patients notes to allow for continuity of care. Some reasons why information may not be shared: the patient does not give consent to the sharing of information.





## Referrals - accessing our service

Referrals into services can be made by calling:

• Learning Disability Inpatient Services:

0121 329 4900 or by email to <a href="mailto:LD&Ainformation@covwarkpt.nhs.uk">LD&Ainformation@covwarkpt.nhs.uk</a>

• Adult Learning Disability Community Services:

The Central Booking Service on 0300 200 0011

• Children and Young People's Learning Disability Community Services:

The Rise Navigation Hub on 0300 200 2021

For further information, email <a href="mailto:LD&Ainformation@covwarkpt.nhs.uk">LD&Ainformation@covwarkpt.nhs.uk</a>

### **Our Vision**

**66** To become an **innovative**, **forward-thinking**, **and inclusive teaching organisation**, enabling us to provide consistently high quality, safe, and compassionate care.

### **Our Values**











### **Contact Us**

Coventry and Warwickshire Partnership NHS Trust Headquarters, Wayside House, Wilsons Lane, Coventry CV6 6NY

**Tel:** 024 7636 2100

Email: enquires@covwarkpt.nhs.uk

**Web:** www.covwarkpt.nhs.uk

**y** Twitter: @cwpt\_nhs

### **Careers at CWPT**

If you would like to work at Coventry and Warwickshire Partnership NHS Trust, visit our website www.covwarkpt.nhs.uk to view all current opportunities.

# **Equality Statement**

If you require this publication in a different format or language, please contact our Equality and Diversity department on 024 7653 6802. Or write to the address above.